

12 AT-HOME SPRING BREAK IDEAS..FOR THE WHOLE FAMILY

Make the most of spring break spent in AT HOME this year
by implementing some (or all) of these ideas!

Don't hesitate to make adaptations, as needed, to fit your home environment and the governmental restrictions in your area.

1. Theater Day

- ⇒ Let each family member pick a movie (save the PG13 movies for the nighttime so younger ones can be put to bed; parents consider showing the kids some old movies from your youth).
- ⇒ Make popcorn and binge movies all day together.

2. Game Day

- ⇒ Let each family member (parents too) pick a board game or card game to play. Make a stack and don't stop until the pile is complete.

3. Car Scavenger Hunt

- ⇒ Have a scavenger hunt in the car. Make 2 teams with either 1 parent driving each car or play with another family and have 1 family in each car (great way to "spend time" with other families while keeping social distance).
- ⇒ Decide on a list of things to find and take pictures **from the car**. Find as many items as you can in the predetermined time. (I suggest a 1-2 hour time limit)
- ⇒ Remember to get input from the kids as to where to go to find the things on the list. (lists can be found online, be created by you or an older sibling, or I've put one on my website under Check Lists & Supplemental Material to help)
- ⇒ DO NOT speed or leave your car and choose this activity **ONLY IF YOUR COMMUNITY ALLOWS**. The team with the most matching pictures ... wins!

4. CAMP OUT

- ⇒ If you don't have tents and sleeping bags, have a porch/deck sleep out and use blankets or have a sleepover in the living room.
- ⇒ Build a fire, eat smores, catch bugs, tell ghost stories, star gaze, and spend time as a family.

5. Bake & Cook Day

- ⇒ Create in the kitchen. Make a mess. It'll build cooking, math, & cleaning skills.

6. Home Scavenger Hunt

- ⇒ Same concept as above but done within your property lines.
- ⇒ Allow older kids to create the hunt for the younger ... then reverse the task. Work in pairs to build teamwork skills.



7. Drive & Eat

- ⇒ Take a drive pointing out local sites, play the music loud with the windows down (then take an allergy pill because pollen), and sing a little.
- ⇒ Go to an area with 3-4 fast food places and let each kid pick their eating place. Even if you end up going through 3 different drive-thru lanes ... it'll be worth it. You won't be able to not laugh as each to-go bag will show a different logo and ohhh all those unique smells! Have a car picnic to enjoy everyone's favorite food.

8. Day Camp Day

- ⇒ There are a variety of activities to be done including:
 - Tye-Dye t-shirts (kits available for under \$15 and you can use an old, white, t-shirt to save \$)
 - Play sports (kick-ball, badminton, 3 legged race, egg toss, soccer, baseball, etc.)
 - Cookout (have kids help build a campfire and roast hot dogs if you can – otherwise, use a grill)
 - Bike or Hike
 - Paint a canvas
 - Plant some flowers or herbs after decorating a clay pot
 - Sunbathe and cool off in the sprinkler (pretend it is ocean spray)

9. Rearrange Rooms

- ⇒ Bring new life to a room by moving furniture around (even do some spring cleaning or painting, if needed) but get the kids involved. (Do living rooms, bedrooms, playrooms, etc.) They too are tired of looking at the same old rooms 24/7. Don't get caught up on whether the new arrangement "flows" or "looks good" ... no one will see it but you for a while. Let the kids have some power and you can change it back later.

10. Make Puzzle Art

- ⇒ Buy a big puzzle, put it together as a family, and make it into a wall hanging (tons of options for keeping it together online).
- ⇒ Decide where to hang it on the wall.

11. Thank someone who is going the extra mile during this pandemic

- ⇒ Write letters and/or draw pictures to send to healthcare workers, police, fireman, volunteers, or anyone else in your area that needs some words of encouragement or a big thank you.

12. Video Chat(s)

- ⇒ Contact those family and friends you wish you were with on spring break (via Zoom, Skype, Google Hangout, Google Meeting, phone call, etc.).
- ⇒ Have a virtual meal together, play a game, have a dance party, or just spend some time talking.
- ⇒ Discuss what you want to do next year on spring break with them and let them know you miss them.

L.I.F.E.